

ROTARY  
OPENS  
OPPORTUNITIES



# E-SUHRITH

5th April 2021

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[www.rcsurathkal.org](http://www.rcsurathkal.org)

## Dear fellow Rotarians,

Although our country has developed at a fast rate over the past few decades, lakhs of children don't live till their 5th birthday even today. It's extremely sad that most of these deaths occur due to easily preventable causes such as malnutrition, diarrhoea and pneumonia. It's important that we have a robust health system in place that ensures good health for children and expectant mothers. Several NGOs have been working across India to improve the current health status of newborns, mothers and pregnant women. These programs lay focus on the disadvantaged communities that often suffer the most due to these social evils.

Some of the key programmes are the Janani Suraksha Yojna, Pradhan Mantri Matru Vandana Yojana, Village Health and Nutrition Days, Janani Shishu Suraksha Karyakaram, Wage Compensation scheme for pregnant women (in some states), Weekly Iron Folic acid Supplementation, and Poshan Abhiyan.

In Rotary April month being dedicated to Maternal and child Health we Rotarians can contribute to this social cause by spreading the message to the general public by giving information about the various programs referred above. For spreading this message, Rotarians need not spent much. Creating awareness about the various program will help the needy in overcoming malnutrition and maintaining good health.



Yours in Rotary  
**P Raghavendra, President**

## We Celebrate the Birthdays of ...

Rtn. Sandeep Rao Idya on **19th** and

Annet Arun Rao (no snap) S/o Rtn. Devarao on **14th** of April

And the Wedding Anniversary of

Kasturi -Shrinivasa Rao on **16th** of April

**E SUHRITH** Conveys our Special Greetings to them on these special occasions.



## Of the things we think, say or do

1. Is it the truth ?
2. Is it fair to all concerned ?
3. Will it build goodwill and better friendships ?
4. Will it be beneficial to all concerned ?

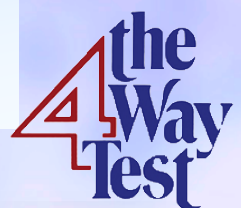


Editor Rtn. Dr. Harikrishnan S Rao 9740556156  
[www.rcsurathkal.org](http://www.rcsurathkal.org) email: [esuhrithbulletin@gmail.com](mailto:esuhrithbulletin@gmail.com)

Facebook Connect: [SuhrithRotarySurathkal](https://www.facebook.com/SuhrithRotarySurathkal)

Click [HERE](#) for viewing all the back issues of

**E SUHRITH**





**The week that was...**



On 27th March we conducted an **Interactive awareness program** on Consumer right at NITK Kannada Medium School, Srinivasnagar. **Mrs. Rashmi**, coordinating teacher for Consumer Club of the school conducted the function. School HM **Mr. Padmanabha** spoke on need for consumer awareness to the students. Prizes were distributed by our Club President, who also was the resource person and spoke on the consumer rights.



School Consumer Club's president **Ms. Kavana Rao** presided over the function.



**Certificates** were distributed on 27th March for the successful trainees of Computer basics and Tally and Aari embroidari courses. **Rtn M Ramesh Rao**, represented Rotary. **Rtn. Dr. Rajmohan**, **Rtn. H Balakrishna**, Aari trainer **Dr Anupama** and computer teacher **Deepika** were present.



As part of our **Swaccha Surathkal Initiative**, with the valuable assistance of the volunteers of **SPYSS (Netravati Divn.)** we, through our **Nagarika Seva Samithi**, conducted a massive cleaning campaign in Surathkal Town itself, on 4th of April.



We conducted a **family picnic** to Kundagiri on 3rs and 4th April. The snaps will be in the next issue.

Our **Udayaraga** is back, albeit with some changes due to restrictions needed to control the Corona spread. The Vocal Carnatic concert of Ms Divyashree, Manipal with, **Gautam Bhat PG** giving the violin support and **Yuva Kalai Mamani Krishna Pawan Kumar** at Mr dangam, was on 4th April. at '**Anupallavi**', residence of Mr. **Nithyananda Rao**, Secy. MK Academy.



**Ms Saritha Shashidhar**, Corporator, MCC was the chief guest.

**Dr. Aravind Bhat, Secretary**




Gallery Link: <https://sites.google.com/site/rotarysurathkalgallery/>



# APRIL – MATERNAL AND CHILD HEALTH MONTH

Rotary Information



**Rotary**

**APRIL IS MATERNAL AND CHILD HEALTH MONTH**

**ROTARY MAKES HIGH-QUALITY HEALTH CARE AVAILABLE TO VULNERABLE MOTHERS AND CHILDREN SO THEY CAN LIVE LONGER AND GROW STRONGER.**

## Rotary Alumni Global Service Award



Dr. Purna Mona Khanna is a triple board-certified medical doctor, Emmy award-winning multi-platform medical journalist, and an acclaimed humanitarian and disaster volunteer.

Back in 2000, she went on a group study exchange to Switzerland, and has been an advocate for Rotary's programs ever since. She has dedicated her career to helping those in need, most recently fighting on the frontlines of COVID-19 in California.

**We are proud to name her as our Rotary Alumni Global Service Award winner for 2021!**

## Rotary Award of Honor



Rotary

"Solutions are within reach... improving health, education, and poverty reduction. I look forward to the lessons learnt from Rotary projects and discussions on how we can jointly further this agenda together."

Dr. Tedros Adhanom Ghebreyesus  
Director-General, World Health Organization

Thank you to Dr. Tedros for accepting the Rotary Award of Honor on behalf of [World Health Organization!](#) Our partnership will continue to help to fight polio and support Mothers' and Children's health worldwide. <https://lnkd.in/g9S-AQE>



## World Health Organization (WHO)

2 hrs · 🌐

Springtime is rich with religious holidays. If you are organizing a small gathering or event, follow local recommendations on maximum number of participants and take precautions to prevent the spread of COVID-19 among guests. Make sure to provide all necessary supplies:

- 🧻 Masks
- 🧴 Hand sanitizers or soap and water
- 🧻 Tissues
- 🚫 Distance markers
- 🗑️ Closed bins

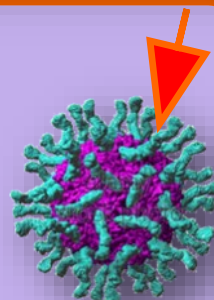


If you are organizing a small gathering or event, follow local recommendations on maximum number of participants and take precautions to prevent the spread of COVID-19 among guests.

*Brief guests about precautions before the event starts, and remind them of these during the event.*



On 13th January 2014 India was officially declared as **Poliofree**.  
**NOW IS THE TIME FOR MORE VIGIL**



PolioPlus



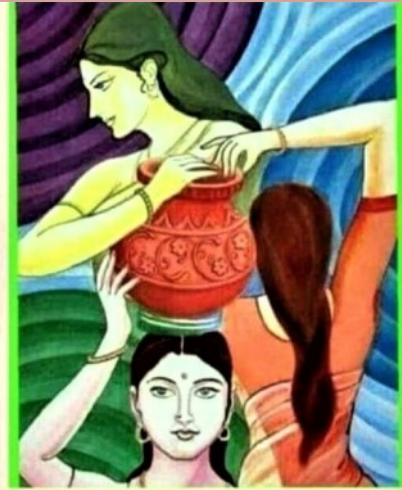


**...think...**

Whew!...Thank God. The women are not pulling the pot their own way in a tug of war.....



Sent in by  
Rtn.  
I Sathish Rao



The Painting depicts 3 Women carrying the same pot in their own different way. Received this image with the msg 'Each Woman carries her responsibility differently, Don't Compare'. Beautiful Painting! Perfect message!

**...think again...**

**AUDACITY**

Teacher addresses a student and asks: "How many kidneys do we have?"

"Four!", The student responds.

"Four? Haha," The teacher was one of those who took pleasure in picking on his students' mistakes and demoralizing them.

"Bring a bundle of grass, because we have an ass in the room," the teacher orders a front bencher.

"And for me a coffee!", the student added.

The teacher was furious and expelled the student from the room.

On his way out of the classroom, the student still had the audacity to correct the furious teacher:

"You asked me how many kidneys we have. " We have four; two of mine and two of yours. 'We have' is an expression used for the plural. Enjoy the grass".

Life demands much more understanding than knowledge. Sometimes people, because they have a little more knowledge or 'believe' that they have it, feel they have the right to underestimate others.

The student was, by the way, the humorist Aparicio Torelly Aporelly (1895-1971), better known as the "Baron de Itararé".



**...feed-back...**

**Feedback...**

Dear Editor

Thanks for the Electronic issue of e-SUHRITH.. I always enjoy reading your Bulletin. regards

PDG. G. K. Balakrishna (Geekay), Gundlupet, (DG Dist 3180-1991-92

Thanks Very much Sir.Ed.



**...info...**

**Abhaya April 30, May 1&2**

The registration fees for the conference is as follows:

Rotarians - ₹ 5500 Anns, Annets, Johns(above 18 years)- ₹ 3,500

Annets & Johns (12-18 years)- ₹ 2,000 Annets & Johns (Below 12 years)- NIL

Suresh Kamath,Conference Treasurer.

